

# PARENT EDUCATION

## Wound Care

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### **Wound Care Guidelines:**

- 1). Keep bandages clean and dry.
- 2). Change dressing every day for the first three days. Cleanse the discharge with soap and water or hydrogen peroxide.
- 3). Soak wound in warm soapy water or Betadine and water for 5-10 minutes prior to dressing the wound again. After taking off the dressing soak wound 2-3 times a day until it is healed.
- 4). Use Neosporin before dressing the wound then after three days use it 4 times daily.
- 5). Avoid keeping the area of the laceration moist for a long time, always pat dry immediately after washing the area.
- 6). Watch for signs of infection, swelling, redness, drainage of pus or blood, red streaks, warmth, tenderness or fever. If any of these occur, call your doctor or return to the ER.
- 7). If the laceration is from an animal or human bite the child needs to be on antibiotics . The child might need rabies shots if your doctor suspects that the animal is rabid.
- 8). If your child is not up to date or his or her last tetanus shot was more than 5 years ago inform your doctor about it especially if the wound is dirty.